



## Margaret Norton

Life Coach, Writer, Speaker



### **When Ties Break:** A memoir from Tate Publishing

<http://www.tatepublishing.com/bookstore/book.php?w=978-1-61663-265-6>

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Divorce, abuse, abortion, excommunication, chronic illness, homelessness, death, bankruptcy, sibling rivalry, adultery, single parenthood, drug addiction, low self-esteem, depression—some people suffer from one or several of these in their lives; others deal with them daily. What makes the story in *When Ties Break* different, exceptional, and inspirational is that the author has lived through each one of these challenging, sometimes terrifying problems. Through God's help and her own courage and perseverance, Margaret not only thrived after loss but came out on top with a new energy, a renewed spirit, and a sense of worth.

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## LIFE COACHING

The Road of Life has many twists and turns. Right, left or straight. Traffic jams or dead ends. Where are you on the road of life? Do you need a life coach?

### Are you feeling...

- Stuck
- Unhappy
- Indecisive
- Lost
- Mistreated
- Unsupported
- Overwhelmed

***If you could have the perfect life, what would it look like?***

### Would you like to:

- Make peace with your past
- Set boundaries
- Eliminate destructive behavior patterns
- Take control of your life
- Mend broken ties
- Thrive rather than survive

Life coaching provides the tools needed to create a fulfilling life & helps you become more focused, set goals, and create balance in your life.



## COACHING FEEDBACK

*“I was dealing with a difficult divorce and other unwanted changes in my life. Margaret helped me see all my options and challenged me to use these experiences as growth opportunities. Her approach was realistic and caring. I would recommend her highly to anyone dealing with difficult changes.”*

— Kim K.

*“My life had not turned out as I had hoped. I was angry at the world but mostly at God. I blamed him for all the bad things happening in my life and was searching for answers that would bring me peace. In coaching, Margaret asked me questions and helped me to explore my innermost thoughts. With her help, I was able to release my anger and realize I was the cause of many of the problems I struggled with. I would recommend her to anyone seeking a Christian coach.”*

— Emily N.



## MOTIVATIONAL SPEAKING

Margaret is available to speak to book clubs, writing groups, women's groups, church groups, or any organization. You can provide the subject matter or choose from one of the topics below:

- Life After Divorce
- Writing Your Life Story
- The Many Faces of Abuse
- Coping with Death & Grief
- Sibling Abuse: Silent Epidemic
- Forgiveness: The Ultimate Gift
- Coping with Chronic Illness
- God's Blueprint for Your Life

Speaking and coaching fees discussed at the time of booking. Discounted rates are available for nonprofits and church groups.

To schedule Margaret as a speaker or to talk about life coaching, please contact her at [margnorton@yahoo.com](mailto:margnorton@yahoo.com) or call (314) 956-2588.